

13 MAR 2020

CIRCULAR

In view of various advisories issued by Govt. of India to prevent spreading of Coronavirus (COVID-19), all students/employees should follow these simple public health measures at all times as under:

- Observe good personal hygiene.
- Monitor your health.
- Follow respiratory etiquettes - cover your mouth with tissue or handkerchief while coughing.
- Avoid touching your eyes, nose and mouth.
- Avoid close contact with people who are unwell or showing symptoms of illness, such as cough, difficulty in breathing etc.
- Throw used tissues into closed bins immediately after use.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Wear a mask if you have symptoms such as cough, fever or difficulty in breathing.
- Contact local doctor immediately if you have cough, fever or difficulty in breathing.

The common symptoms of probable infections includes symptoms such as running nose, sore throat, fever, cough, shortness of breath and breathing difficulties.

The students who are traveling from their Hometown to NIT Uttarakhand campus, Srinagar Garhwal and Jaipur using domestic/international flights and **having flu like symptoms will be kept under observation, in isolation, in the Institute Hostels for minimum period of 14 days.** The following should be observed by the students while in return journey to the Institute:

- Immediately call the Helpline number (011-23978046), inform about your travel history and follow the directions provided. **The student must inform to the respective Faculty Adviser for the illness through email/telephone call.**
- Isolate yourself at home and wear a mask till such time you are examined by a doctor from health authority.
- Follow the directions of the health authority





राष्ट्रीय प्रौद्योगिकी संस्थान, उत्तराखण्ड
NATIONAL INSTITUTE OF TECHNOLOGY, UTTARAKHAND

Those students who are presently having flu like symptoms should immediately consult respective local Doctor or Health consultants for preventive treatment and stay at home till the time they have been declared fit for travel and joining the Institute. Their absence shall be covered based on the medical prescriptions by the Doctor under which they have received the treatment. **The student must inform to the respective Faculty Adviser for the illness through email/telephone call.**

All students should carry sufficient quantity of hand sanitizer to cover their travel and stay in the hostels.

This is issued with the approval of the Competent Authority.

(Dr. Vimal Singh Gusain)
Authorized Medical Attendant

(Colonel Sukhpal Singh)
Registrar

Copy to:

1. All students/employees – through email
2. All Notice Boards of the Institute
3. **Faculty Advisors** – *should keep the record of students regarding their illness and shall inform to the Dean (Academics) and Chief Warden.*
4. **All Wardens** – *to maintain records and monitor the health of the hostel inmates and also ensure due compliance of the preventive measures through frequent visits to the respective hostels.*
5. **Coordinator (Dispensary)** – *to report the number of students/employees reported to Institute dispensary with similar symptoms and their progress of recovery to the Hon'ble Director through email. The required quantity of sanitizing materials and related medicines for coming one month be procured and stocked on priority.*
6. **Coordinator (Manpower, Student Mess & Institute Canteen)** – *to ensure cleanliness and proper hygiene and sanitation of the Institute premises with special attention to the Hostels and Student Mess through frequent visits. The required quantity of hygiene and sanitizing materials for coming one month be procured and stocked on priority.*
7. **Coordinator (Website)** – *upload on the Institute website.*
8. Office of the Director
9. Office of the Registrar
10. Guard file – for record